

40
years
1983 – 2023



Your Impact in 2022



The Clunis Family
298 Nights at RMH BC

A HOME AWAY FROM HOME FOR THE CLUNIS FAMILY

When 14-year-old Daniellia Clunis was diagnosed with osteosarcoma (the same cancer that Terry Fox battled), she faced it right away with courage and her signature positivity. "I wasn't scared," she remembers. "I just put on my boxing gloves!"

The next day, Daniellia and her mom Denneisha left their home in Victoria for treatment, and they discovered they would need to stay in Vancouver for over 8 months. They didn't know where they could stay within reach of the hospital, and that's when they found a home away from home at Ronald McDonald House BC & Yukon.

For Daniellia and Denneisha, the House meant peace of mind, knowing that they were steps away from the hospital at all times in case of an emergency. And, more than just a place to stay, the House provided a supportive community of other families, all from different backgrounds but all facing similar medical journeys. Both mother and daughter enjoyed participating in activities that brought everyone together like bingo, movie nights or out-trips to sports games.

"The diversity, the multiculturalism, and the community makes it a safe environment," says Denneisha. "The journey is lighter because of RMH BC!"



RMH BC serves **up to 2,000** families, like the Clunis family, each year in our 73-bedroom House.



Last year **312** families with sick children also found comfort in the Ronald McDonald Family Room at Surrey Memorial Hospital.



Enabling family-centered care: in 2022, **1,477** healthy siblings were able to stay close to their brother or sister who was in the hospital.



29 Nights: the average length of a stay in 2022.
332 Nights: the longest stay by a 2022 guest family.



34% of our families stay twice or more each year. The most stays by one family in 2022 was **13** stays.

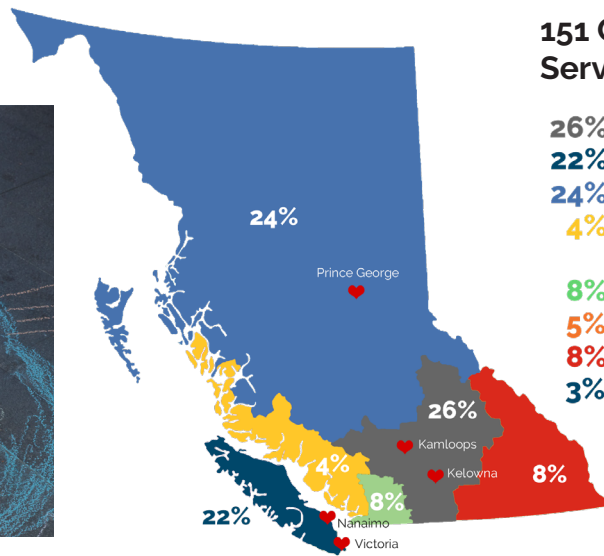


10,867 meals were enjoyed by families at the House, and **5,000** Grab N Go snacks travelled with them to the hospital.

WHO STAYS WITH US?



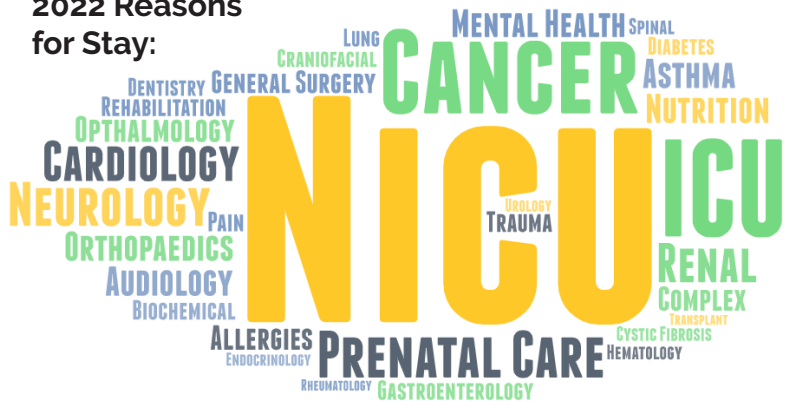
2 out of 3
Canadians
live in a city or
town without a
specialized
children's hospital.



**151 Communities
Served in 2022:**

- 26% - Interior
- 22% - Vancouver Island
- 24% - Northern BC
- 4% - Squamish, Whistler, Sunshine Coast
- 8% - Fraser Valley
- 5% - Yukon
- 8% - Kootenays
- 3% - Other Provinces & International

**2022 Reasons
for Stay:**



1 in 4
Canadians
have stayed
at a Ronald
McDonald
House, or
know someone
who has.

BENEFITS TO STAYING AT RMH BC



Reduced Financial Burden

Staying at RMH BC affects families long after their stay. A study by RBC found that families with a sick child experience a catastrophic financial burden which takes an estimated **10 – 15** years to recover from.

At RMH BC, they save **\$3000 – \$6000** per month, making them stronger once they return home.



A Community of Support

Families at RMH BC have access to wellness programs such as music therapy, art therapy, massage therapy and medical play. These programs have proven therapeutic benefits including reducing anxiety and burnout and providing opportunities for self-expression.

Families also have access to a community of support from other families facing similar struggles.



Reduced Emotional Burden

The Journal of Pediatrics reports that parents of chronically ill children are **75%** more likely to have depression, and **40%** more likely to have anxiety than parents of healthy children.

Families staying at RMH BC have a more positive overall hospital experience, stronger coping abilities, and a higher quality of sleep.

More Than a Place to Stay



25,000 bowls of cereal
enjoyed with **3,000** jugs of milk.



14 family out-trips to experience
Vancouver attractions.



Countless superhero
dress-up days.

Learn more and read
stories from our families!

www.rmhbc.ca

Follow us! @rmhbc

