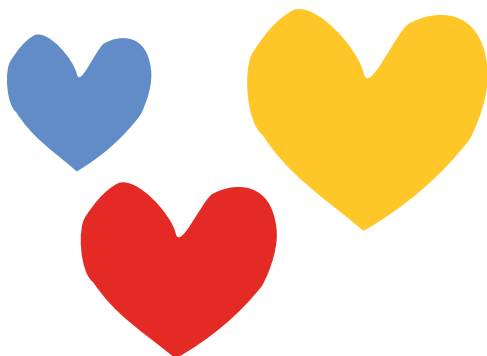


Your Impact in 2023



The Van Damme Family
294 nights

*"We don't know what we would
have done if there wasn't a
Ronald McDonald House."*

On what began as a normal day, the Van Damme family received the news they had never expected to hear. Their 6-year-old son Connor needed life-saving treatment in Vancouver, and they needed to leave right away. Their first thoughts were for Connor – but in the backs of their minds were other worries: leaving their jobs in the face of rising costs of living, finding somewhere to stay, and caring for Connor's older brother. Thanks to you, the Van Damme family and hundreds more families like theirs were able to find a home away from home at Ronald McDonald House BC & Yukon.

1 in 4

Canadians live in a city or town without a specialized children's hospital.

2 out of 3

Canadians have stayed at a Ronald McDonald House, or know someone who has.

You

Make it possible to envision a home away from home for all families facing a medical crisis.



RMH BC & Yukon serves **up to 2,000** families, like the Van Damme family, each year in our 73-bedroom House.



Last year **690** families with sick children also found comfort in the Ronald McDonald Family Room at Surrey Memorial Hospital.



25 Nights: the average length of a stay in 2023.
365 Nights: the longest stay in 2023.



The healing power of being together with family: in 2023, **689** healthy siblings were able to stay close to their brother or sister who was in the hospital.



34% of our families stay two or more times each year. The most stays by one family in 2023 was **9** stays.



2023 marked **40 years** of RMH BC & Yukon, and over **25,000** families served.

But we still have work to do. Together with our community, we are determined to grow and evolve in the years to come, to meet the needs of our diverse families.

BENEFITS TO STAYING AT RMH BC & YUKON

Reduced Financial Burden



A family could incur up to **\$11,000** in out-of-pocket expenses to be by the side of their sick child for just one 18-day hospital stay, without RMH BC & Yukon.

A 2023 RBC Economic Impact Study revealed that RMH BC & Yukon saves families **\$8.4M** annually in out-of-pocket expenses such as food, lodging, and other essentials.



20,087 meals were enjoyed by families at the House in 2023, **5,000** Grab N Go snacks travelled with them to the hospital, and **3,000** freezer meals provided late-night fuel.

Mental Health Support



Staying at RMH BC & Yukon also provides a sense of community and relief from social isolation for sick children and their families. Families at RMH BC & Yukon have access to Wellness Programs for patients, siblings and caregivers, such as Music Therapy, Art Therapy, Medical Play, Massage Therapy and Pet Therapy.



1,514 program hours in 2023 helped families to connect and spend quality time together outside of the hospital.

The Hassan Family
68 Nights



"We were so worried about leaving our lives at home for so long, with no support. But RMH BC & Yukon is the best place you can be when you are going through crisis and hardship. After Hana's surgery, she was able to fill her days with creative activities like Art Therapy and Music Therapy, and everything at the House, such as the Family Meals, helped to lift us up. These things are very important for your mental health. Staying at the House gave us peace and support and allowed us to focus on healing. Now we feel ready for our next challenges."
- The Hassan Family



More Than a Place to Stay

50 teddy bears got checkups as part of the Medical Play program,

300 pairs of running shoes were given out as part of Wellness Wednesdays.

10 gallons (or 83 lbs) of slime were created in the STEM Program.

Caregivers received **773** massages from student massage therapists.

2023 Reasons for Stay:



141 Communities Served in 2023:

- 28%** - Interior
- 20%** - Vancouver Island
- 25%** - Northern BC
- 4%** - Squamish, Whistler, Sunshine Coast
- 8%** - Fraser Valley
- 5%** - Yukon
- 6%** - Kootenays
- 4%** - Other Provinces & International

